**Kaihoe o Ngāti Rēhia Pre Nationals**

**Saturday 4th January 2023**

**Lake Manuwai, Waipapa**

**Kaihoe o Ngati Rehia Trust – Waka Ama Club**

**Pānui 1**

**EVENT SUMMARY**

*Kaihoe o Ngāti Rēhia are proud to present another Pre Nationals regatta at the majestic Lake Manuwai and you are all invited.*

*A great regatta for kaihoe and teams to strengthen our whanaungatanga, to dust off the cobwebs, to get those race plans and race strategies on point for nationals the following week.*

**EVENT SCHEDULE**

| **8.00am** | Registration, Waka Drop Off  |
| --- | --- |
| **9.00am** | Karakia |
| **9:15am** | Race & safety briefings |
| **9.30am** | Racing Starts |
| **2pm** | Approx Race Finish |
| **2:15pm** | Closing Karakia |

**RACE SCHEDULE**

| **Time** | **Race** |
| --- | --- |
| 9.15am | Race Briefing - all races |
| 9.30am  | Race Start ( If not earlier) |
|  | W6 3000m Blow Out the Cobwebs  |
|  | W1 3000m Blow Out the Cobwebs  |
|  | W6 500m Straights - Int, J16, J19, Opens, Masters, SMs, GMs |
|  | W6 250m Straight Midget Boys and Girls |
|  | W6 500m Turn Intermediate Boys and Girls |
|  | W1 500m Straights - Int, J16, J19, Opens, Masters, SMs, GMs |
|  | W6 1000m Turns - J16, J19, Opens, Masters, SMs, GMs |
| 2pm | Approx finish!  |

**RACE DAY INFORMATION**

**Car Parking:** Parking is available in the reserve on site. Please note **NO parking** in the lake driveway, unless instructed by kaiāwhina.

**Trailer parking:** Trailer parking will be in front of the shed, as per normal.

**Food:** We encourage you to bring **CASH** to purchase kai from our kai stall, but of course you can also bring your own delicious kai too.

**Toilets:** Toilets are located at the far end of the driveway, by the shed past the main registration tent.

**First Aid:** First Aid will be available at the registration tent, via the main driveway.

**Rubbish/Recycling:** We encourage you to please take what you bring.

**Alcohol/Smokefree:** Alcohol, smoking, vaping and any other substance use is not permitted at this event, including all premises of the event.

**WAKA DROP OFF & SAFETY CHECKS**

**Waka Drop off:**

* Waka drop off will be available from 7.00am on the event day.
* Waka drop off will be down the right of the drive, **by the shed**.
* Trailer parking is in the same place as drop off, please be aware of your surroundings and park side by side.

**Safety Checks:**

* All waka will have to pass a safety check and be marked before racing. Any boats not marked

will not be permitted to race.

**RACE RULES**

All entrants must be familiar with the Waka Ama New Zealand race and safety rules.

Refer to the following link for more information: [Waka Ama NZ Race Rules](https://www.wakaama.co.nz/content/files/5de490cea787e/Waka%20Ama%20NZ%20OFFICIAL%20RACE%20RULES%20_October%202019..pdf)

**AGE DIVISIONS & RACE EVENTS**

| **WAKA** | **DISTANCE** | **DIVISIONS** | **GENDER** |
| --- | --- | --- | --- |
| **W6** | 3000m | J16, J19, Open, Master, Senior Master, Golden Master | Men, Women, Mixed |
| **W1** | 3000m | J16, J19, Open, Master, Senior Master, Golden Master | Men, Women |
| **W6** | 500m | Int, J16, J19, Open, Master, Senior Master, Golden Master | Men, Women, Mixed |
| **W6** | 250m | Taitamariki (Midgets) | Boys, Girls, Mixed |
| **W6** | 500m Turn | Intermediate  | Boys, Girls, Mixed |
| **W1** | 500m  | Int, J16, J19, Open, Master, Senior Master, Golden Master | Men, Women |
| **W6** | 1000m Turn | J16, J19, Open, Master, Senior Master, Golden Master | Men, Women, Mixed |

**FEES**

| **PER PERSON BY AGE DIVISION** *(charged one fee according to age on race day)* |
| --- |
| **Age Division** | **Cost** |
| **Taitamariki** | **Gold Coin** |
| **Intermediate** | **$5.00** |
| **J16 and Above** | **$10.00** |

**ONLINE ENTRIES & PAYMENT**

* Online entries are to be completed using the Waka Ama NZ online entry system. [**https://wakaama.co.nz/racecalendar/lookup/2298**](https://wakaama.co.nz/racecalendar/lookup/2298)
* All entries to be completed through your club admin – contact your club admin to process your entry
* **No entries on the day, no exceptions**
* Entries close on ***30th December 2024 11.59pm***
* Rosters close on ***30th December 2024 11.59pm*** rosters must be completed by close date, no exceptions
* Once entered, payment can be made online to:
	+ Kaihoe o Ngati Rehia Trust
	+ 12-3091-0219174-00
	+ Use your club, team name and division as your reference

**SAFETY REQUIREMENTS**

* All waka must be Safety Checked
* All Tamariki 16 years and under **must wear life jackets**
* All Junior (J16 & J19) and Senior (Open and above) must have the following safety equipment for their races:
	+ PFD - Personal Floatation Device (per person)
	+ Bailers
	+ Flare or cellphone in waterproof case
	+ Spare Paddle - 2 for a W6, 1 for W1/2
	+ **Spray Skirt (W6)**
	+ Tow Rope (W6)
	+ Leg leash (for sit on top W1)

**INDIVIDUAL & TEAM WAIVERS**

* Individual and Team waivers must be completed by all paddlers/teams
* All paddlers U18 must have their waiver signed by their parent/guardian
* Waivers can be sent to ***kaihoengatirehia@gmail.com***or handed in to registration on the day
* Individual & Team waivers can be found here: [**https://wakaama.co.nz/racecalendar/lookup/2298**](https://wakaama.co.nz/racecalendar/lookup/2298)

**CONTACT INFORMATION**

* All enquiries please email: ***kaihoengatirehia@gmail.com***
* All urgent matters please call: Sophia Thomas ***0272405490***
* Facebook: <https://www.facebook.com/groups/156538157714816>

**COURSE MAPS**

**Map 1:** 3000m Race Course





**Map 2:** 500m Sprint and Turns Race Course